



For a healthy school life

Thank you for your cooperation in responding to the new coronavirus infection. As winter approaches, there is concern about seasonal influenza, which will be the center of the epidemic among children. Please continue to take care of the infection at home and take care of your family's physical condition.

Infection control points ~To prevent the spread of infection~

In order to prevent the spread of infection in the school, in addition to basic infectious disease countermeasures such as hand washing, cough etiquette, and ventilation, we will continue to take measures to avoid the "three Cs" that increase the risk of infection by ensuring physical distance.



Please take a rest

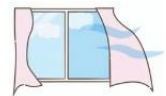
Please refrain from going to school or going out, if you have unusual symptoms such as fever, sore throat, cough, or headache.

In the future, if the new coronavirus infection and seasonal influenza are prevalent at the same time, there may be a shortage of fever outpatients. It is a good idea to prepare at home, such as purchasing a test kit for the new coronavirus and antipyretic analgesics early.

■About over-the-counter antipyretic analgesics (Ministry of Health, Labor and Welfare) ⇒



Please ventilate frequently



Ventilation is very important in infection control. At school, a carbon dioxide monitor ventilation is performed using the numerical value as a guideline for air pollution. Even at home, please try to ventilate frequently by opening two windows and doors in the room for 5 to 10 minutes every hour.

About wearing a mask

『About wearing a mask

(By Ministry of Health, Labor and Welfare)』 ⇒



Wearing a mask is one of the measures to prevent the spread of infection, so at school, we ask everyone to wear a mask when talking to someone at a close distance. In addition, in principle, masks are not required in the following situations.

- When going to school and going home or exercising
- When seldom talk
- A scene where a sufficient distance (approximately 2m) can be secured.

It seems that some children feel that the mask life has been prolonged, "they can't take it off even if it is stuffy because everyone is wearing it" or "they feel scared or embarrassed to take it off." While accepting such thoughts, please talk to your children at home so that they can put on and take off their masks according to their own physical condition and situations.

【From Mr. Shinya Watanabe a School doctor】

Masks are important to prevent droplets at close distances. However, instead of spending time wearing masks, let's create opportunities for children to remove masks so that they can express themselves with rich expressions and words.



~How to choose a corona test kit~ When testing at home

Kits labeled "Research Use" have not been performance-tested. Use government-approved "medical" or "general" kits available at pharmacies.



医療用



一般用



(Leaflet from Yokkaichi Public Health Center)

Even if the result of the test kit is negative, you may be infected with the new coronavirus or influenza. In order to prevent the spread of infection, please consult your family doctor if symptoms persist.

【List of test kits approved by the government】⇒



(一般用)

■ About new coronavirus infectious disease (Yokkaichi City Home Page)

If you do not have a family doctor, or if you are unsure of where to consult, you can see the information on where to consult. ⇒

<https://www.city.yokkaichi.lg.jp/www/contents/1579480194879/index.html>



Request



■ When your child's test is positive ⇒ Please recuperate well.

■ If a member of your family becomes positive. ⇒ Please let your child stay at home.
(Your child has become a close contact person.)

Quick information system for medical treatment period and waiting period

You can check the medical treatment and waiting period from the QR code on the right.
(From Mie Prefecture HP <https://logoform.jp/form/8vMX/131785>)



■ If your child has cold symptoms ⇒ Please refrain from going to school.

※ The infection of the coronavirus would be higher at home. For this reason, we ask for your cooperation in not letting your child goes to school as much as possible, if a member of your family has cold symptoms.

If your child may be absent from school due to the above reasons, attendance will be suspended and will not be considered absent.

・ This letter is also available on the Yokkaichi City website

<https://www.city.yokkaichi.lg.jp/www/index.html>

・ This content may be revised as necessary.

【For contact information :

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Education Division TEL 354-8252】

四日市 感染症だより

検索

